



# South African Powerlifting Federation

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## 2025 World Classic and Equipped Bench Press Championships – Manager's Report

South Africa sent three lifters to the World Classic and Equipped Bench Press Championships in Drammen, Norway from 17 – 25 May 2025. All three lifters in Team SA competed in the Classic Bench Press event.

Our lifters broke 2 SA Bench Press records and 2 African Bench Press records at the event.

### Overall Results

The full results can be found here: <https://www.powerlifting.sport/championships/results/2025/world-open-sub-juniors-juniors-masters-classic-equipped-bench-press-championships-2025>

### Detailed Results

Below are the detailed results for Team SA from the Classic Bench Press Championships:

| Name              | Gender | Weight Cat | Age Cat  | Total   | Medal /Place     | Records                                        |
|-------------------|--------|------------|----------|---------|------------------|------------------------------------------------|
| Luke Hall         | Male   | -66kg      | Junior   | 107,5kg | 10 <sup>th</sup> |                                                |
| Stanford Thompson | Male   | +120kg     | Junior   | 195kg   | 5 <sup>th</sup>  | SA Junior record,<br>African Junior record     |
| Steven Coleman    | Male   | -59kg      | Master 1 | 112,5   | 4 <sup>th</sup>  | SA Master 1 record,<br>African Master 1 record |

### Referees and Officials

Referees and Jury: Hannie Smith officiated as Chair of the IPF Technical Committee during the championship.

Heather Leighton (June 2025)



President : Johan Smith  
Vice President (I) : Heather Leighton  
Vice President (N) : Andre Ludik  
Treasurer : Tarryn Valle (interim)  
Secretary General : Cliff Hayim

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